

CHAMINADE MIDDLE SCHOOL / **3K Productions** 2009-10 Sizing Information

All items can be machine washed & dried, NO BLEACH

Style	Size	Youth M	Youth L	Youth XL or Adult XS	Adult S	Adult M	Adult L	Adult XL	Adult 2X
Unisex poly/cotton T-Shirts: P.E. and Community Service	Standard Sizes	Youth 10-12	Youth 14-16	-	34-36	38-40	42-44	46-48	50-52
Unisex Nylon Dazzle PE Shorts: with elastic waists and draw cords.	Relaxed Waist	-	-	23"	25"	27"	29"	31"	33"
	Waist Range	-	-	20-26"	22-28"	24-30"	28-34"	30-40"	34-44"
Girl's Navy Under Skirt Shorts Cotton/Poly/Lycra	Relaxed Waist	-	-	-	22"	24"	26"	28"	30"
	Waist Range	-	-	-	22-26"	24-30"	26-32"	28-34"	30-38"
Navy P.E. Logo Sweatpants Unisex Poly/Cotton elastic waist with draw cord.	Relaxed Waist	22"	24"	24"	24"	26"	28"	30"	
	Waist Range	18-26"	20-28"	20-34"	22-30"	24-32"	26-35"	28-38"	
	Inseam	23 ³ / ₄ "	26 ¹ / ₄ "	28"	30 ¹ / ₂ "	31"	31 ¹ / ₂ "	32"	
Skirt – Stitched down pleat Chaminade Plaid 100% Poly	Junior size	-	N/A	(0-3)	(5-7)	(9-11)	(13-15)	(17-19)	N/A
	Waist Range	-	22-24"	24-26"	26-28"	29-31"	33-35"	37-39"	41-43"
	Hip Range	-	33-34"	35-36"	37-39"	40-42"	43-46"	47-50"	51-53"
Unisex Poly/Cotton Polo Shirt		10-12	14-16	18-20	34-36	38-40	42-44	46-48	50-52

Shirt measurements are taken around the chest under the armpits, as shown in the illustration. Order a larger size if measurements fall between sizes. Please take your child's growth patterns, comfort and ease of movement into consideration when choosing a size. **Youth and adult sizes overlap in some cases, but adult shirts typically feature wider shoulders, longer sleeves, and longer bodies. They have a taller, broader-shoulder fit than youth sizes.**

Youth Shirt Sizes			Adult Shirt Sizes		
Shirt Size	Size also known as:	Chest In inches	Shirt Size	Size also known as:	Chest In inches
Youth Small	6-8	25-27"	Adult Small	34-36	34-36
Youth Medium	10-12	27-30"	Adult Medium	38-40	38-40
Youth Large	14-16	30-33"	Adult Large	42-44	42-44
Youth XL	18-20	34-36"	Adult XL	46-48	46-48
			Adult 2X	50-52	50-52



2009-2010 Size Charts

Girls' Pants, Shorts & Skirts

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Little Girls and Young Teen Girls Sizes - Average Build - Size Range 4-16

Size	4	5	6	6x	7	8	10	12	14	16
Waist	20½-21	21½-22	22½-23	23-23½	23-23½	23½-24	24½-25	25½-26	26½-27	27½-28
Hip/Seat	22-22½	23-23½	24-24½	25-25½	27½-28½	29-30	30-31	32-33	34-35	36-37
Inseam	17	18½	21	22½	24½	25	26¼	27½	29	30¼

Girls Plus Sizes - Size Range 8½-20½

Size	8½	10½	12½	14½	16½	18½	20½
Waist	27-27½	28-28½	29-29½	30-30½	31-31½	32-32½	33-33½
Hip/Seat	31-32	33-34	35-36	37-38	39-40	41-42	43-44
Inseam	24½	25	26¼	27½	29	30¼	31

Girls and Young Teen Slim Sizes - Size Range 7S-16S

Size	8 Slim	10 Slim	12 Slim	14 Slim	16 Slim
Waist	21½ - 22	22½-23	23½-24	24½-25	25½-26
Hip/Seat	26-27	28-29	30-31	32-33	34-35
Inseam	25	26¼	27½	29	30¼

Junior Size Range for Teens & Young Women 5'3" - 5'8" (sizes 1 - 21)

Size	1	3	5	7	9	11	13	15	17	19-	21
Waist	24-25½	25½-26	26-26½	26½-27	27½-28	29-29½	30½-31	32-32½	34-34½	36-36½	38-38½
Hip/Seat	35-35½	35-35½	36-36½	37-37½	38-38½	39½-40	41-42	42½-43½	44½-45½	46½-47½	48½-49½
Inseam	31½	31½	31½	31½	31½	31½	31½	31½	31½	31½	31½

Women's Larger Sizes - Size Range 16W - 26W

Size	16W	18W	20W	22W	24W	26W
Waist	34½	36½	38½	40½	42½	44½
Hip	44½	46½	48½	50½	50½	54½

Women's inseams approximately 31½"

